

April - June 2019

Memorial Service

Interfaith Memorial Service

Sunday, June 30; 2:00pm

A service for family and friends whose loved ones were served by Rainbow Hospice and Palliative Care. All community bereaved who wish to remember their loved ones are welcome.

Registration preferred. Please register at 847-653-3141 or MemorialServiceRSVP@RainbowHospice.org

Congregation B'Nai Shalom

701 W. Aptaskisic Rd., Buffalo Grove

Workshop Series

Our Workshop Series offers a variety of ways to find support and healing for those seeking practical, educational, expressive, and/or spiritual support in addition to, or instead of, individual or group counseling.

Love Lives On

Thursday, April 11; 6:30–8:30pm

Love Lives On is an educational and supportive workshop that examines the dynamics of love before and after loss, the balance of grieving and adjusting to a new life, as well as strategies for maintaining a meaningful connection.

Registration required; please call 847-653-3141. Fee: \$15.

Park Ridge Nonprofit Center

720 Garden St., Park Ridge

“Gifts of Grief” Documentary

Wednesday, June 19; 6:00–8:00pm

Join us for this moving film that details the grief journeys experienced by seven individuals. Discussion following the film.

Registration required; please call 847-653-3141. Fee: \$15.

Rainbow Hospice and Palliative Care

1550 Bishop Ct., Mount Prospect

Familial Loss

Remembering Mom

Saturday, May 11; 10:00am-1:00pm

Remembering Mom is a Mother's Day workshop for adults of all ages whose mothers died at any point in their lives. Come to share memories and explore ways to maintain an enduring connection. Lunch will be included.

Registration required; please call 847-653-3141. Fee: \$20.

Edison Park Lutheran Church, 6626 N. Oliphant Ave., Chicago

Remembering Dad

Thursday, June 13; 7:00pm-8:30pm

Remembering Dad is a Father's Day workshop for adults of all ages whose fathers died at any point in their lives.

Registration required; please call 847-653-3141. Fee: \$15.

Rainbow Hospice and Palliative Care

1550 Bishop Ct., Mount Prospect

Adult Loss of Parent

Wednesdays, June 26, July 10 & 24, August 7 & 21;

7:00–8:30pm

A five-session group for adults who are grieving the loss of a parent.

Registration required; please call 847-653-3141. Fee: \$50.

Park Ridge Nonprofit Center

720 Garden St., Park Ridge

LGBTQIA and Gender Expansive Support

Grief & Resilience Group

Thursdays, March 21, April 4 & 18, May 2, 16 & 30;

6:00–7:30pm

A six-session therapeutic support group for LGBTQIA/GE folks who have experienced the loss of a partner/spouse/significant other in the last two years. This is a co-sponsored group with Howard Brown Health Counseling Center.

Registration required. Fee: Accepts most insurance and sliding scale. Contact Hugh Cole, LCSW/CADC/CGP at 773-572-8364 or HughC@HowardBrown.org.

Howard Brown Health Counseling Center

3948 N. Sheridan Road., Chicago

■ If you would like to receive an electronic quarterly calendar, please send an email to Subscribe@RainbowHospice.org.

Children, Teens, and Families Program

The Good Mourning Program

Mondays, April 15, May 20, June 17; 6:45–8:00pm

A monthly support group for children, teens, young adults and families (including a Spanish-speaking adult group) who have lost a loved one through death. Third Monday of every month.

Preliminary interview required prior to registration. For location and registration, please call 847-653-3140. No fee.

Support Groups

Grief Share - Elgin

Thursdays, April 18, May 16, June 20; 7:00pm

An ongoing support group designed to provide emotional support and guidance after the loss of a loved one. Facilitated by AMITA Health Spiritual Care.

Registration is not required; but you may call 847-695-3200, ext. 5767, to register. No fee.

AMITA Health St. Joseph Hospital Elgin (St. Joseph Room)
77 N. Airlite St., Elgin

Bilingual Spanish/English Support Group

A support group for Spanish and/or English speaking bereaved who have lost a loved one. Please call Daisy Vargas at 847-653-3223 to receive further details.

Un grupo de apoyo para personas que hablan español o inglés y que han perdido a un ser querido. Llame a Daisy Vargas al 847-653-3223 para recibir más detalles.

Registration required. No cost. Se requiere inscripción. Gratis.

AMITA Health St. Elizabeth Medical Center Chicago
Lake Shore Room (10th floor/Piso 10)
1431 N. Claremont Ave., Chicago

Spousal Loss

Registration is required for all spousal loss groups. Please call to register at 847-653-3141.

Holding Onto Hope

Thursdays, April 18, May 16, June 20; 1:00–2:30pm

A monthly support group for persons who have experienced the loss of a spouse or significant other within the past two years.

Fee: \$10 per session.

Central Baptist Village
4747 N. Canfield Ave., Norridge

Life After Loss

Tuesdays, May 28, June 11 & 25, July 9 & 23, August 13; 7:00–8:30pm

A six-session support group for persons 55 years of age or younger who have experienced the loss of a spouse or significant other within the past two years.

Fee: \$60 for six sessions.

Park Ridge Nonprofit Center
720 Garden St., Park Ridge

Widowed Support Group

Tuesdays, April 9 & 23, May 14 & 28, June 11 & 25; 7:00–8:30pm

An ongoing support group for persons who have experienced the loss of a spouse or significant other within the past two years.

Fee: \$10 per session.

Park Ridge Nonprofit Center
720 Garden St., Park Ridge

Transitions

Tuesdays, April 9, May 14, June 11; 7:00–8:30pm

A monthly support group for persons 55 years of age or younger who have experienced the loss of a spouse or significant other within the last two to five years.

Fee: \$10 per session.

Park Ridge Nonprofit Center
720 Garden St., Park Ridge

For more information, quarterly updates, or to register, please call **847-653-3141** or go to **www.RainbowHospice.org**.

Fees for workshops and groups are listed. If you cannot pay the full fee, we ask that you pay an amount which does not cause a hardship for you. Fees are waived for family / loved ones of Rainbow patients.